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# **HEMOGLOBINOPATHIES**

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## **LECTURE OUTLINE**

- **An overview of the structure of hemoglobin.**
- **Different types of hemoglobin.**
- **Definition of hemoglobinopathies**
- **Sickle Cell Disease and Hemoglobin C**

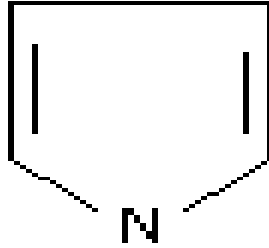
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## **HEMOGLOBIN**

- **It belongs to the class of proteins referred to as Globular Heme Proteins.**
- **Heme is made of protoporphyrin and iron.**

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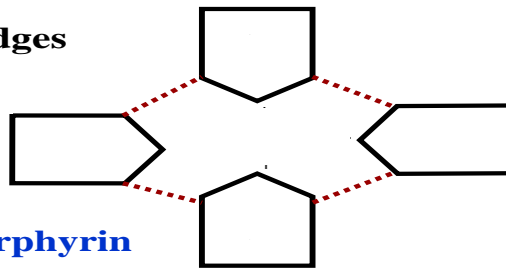
### PYROLE RING



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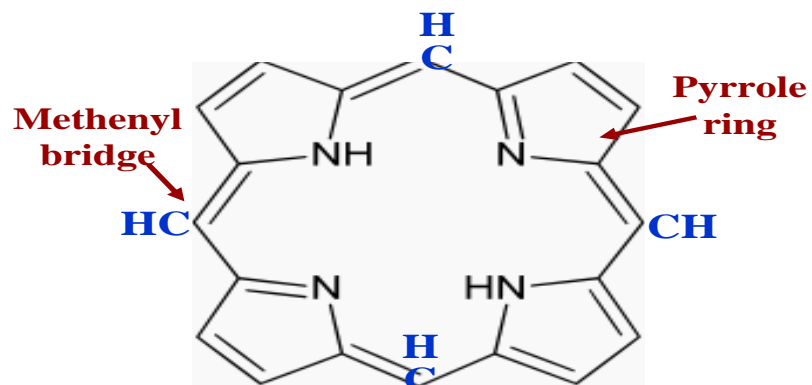
### PORPHYRIN IS COMPLEX OF FOUR PYRROLE RINGS CONNECTED BY METHENYL BRIDGES

Methenyl bridges  
(=HC-) are  
indicated by  
dotted lines



A porphyrin  
(Tetrapyrrole)

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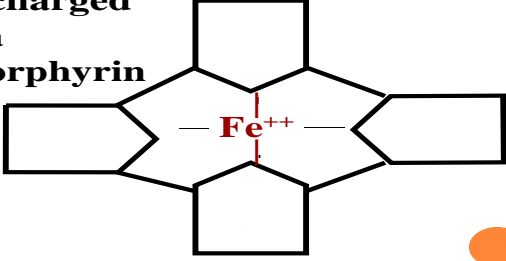


### STRUCTURE OF A SIMPLE PORPHYRIN

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**HEME IS A TETRA PYRROLE**

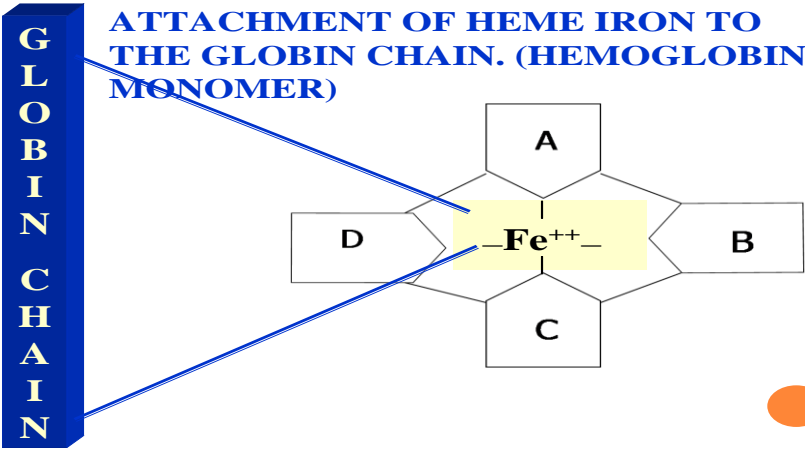
- Composed of:
  - Protoporphyrin
  - Iron (Fe) ion (charged atom) held in a heterocyclic Porphyrin ring



The diagram illustrates the heme molecule, which consists of a central iron ion (Fe<sup>++</sup>) coordinated to four nitrogen atoms in a porphyrin ring. The iron ion is shown in red with a double plus sign, and the porphyrin ring is a complex heterocyclic structure with four nitrogen atoms at the corners.

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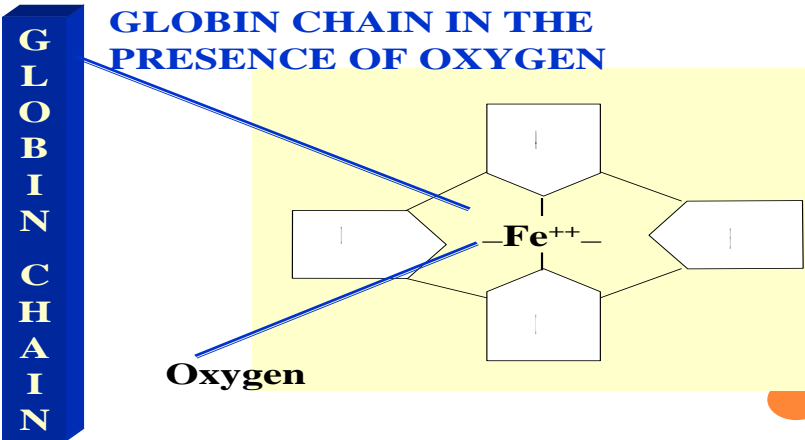
**ATTACHMENT OF HEME IRON TO THE GLOBIN CHAIN. (HEMOGLOBIN MONOMER)**



The diagram shows the attachment of heme iron to a globin chain. On the left, a vertical blue bar is labeled "GLOBIN CHAIN". On the right, a porphyrin ring is shown with a central iron ion (Fe<sup>++</sup>) coordinated to four nitrogen atoms labeled A, B, C, and D. Two blue lines connect the globin chain to the iron ion, indicating the attachment point.

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**ATTACHMENT OF HEME IRON TO GLOBIN CHAIN IN THE PRESENCE OF OXYGEN**

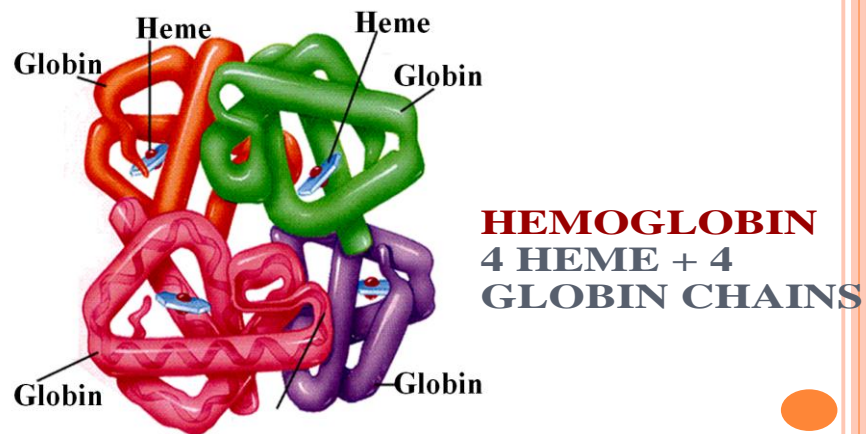


The diagram shows the attachment of heme iron to a globin chain in the presence of oxygen. On the left, a vertical blue bar is labeled "GLOBIN CHAIN". On the right, a porphyrin ring is shown with a central iron ion (Fe<sup>++</sup>) coordinated to four nitrogen atoms. A blue line labeled "Oxygen" points to the iron ion, indicating its binding to the heme group.

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- **HEME is synthesized in the mitochondria.**
- **Globin synthesis occurs via transcription and translation.**
- **Heme and globin are joined together in the cytosol.**

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### **BIOLOGICAL FUNCTIONS OF HEMOGLOBIN**

- **Hemoglobin performs two vital and major transport functions:**
  - **Transport, and maintenance of Oxygen supply to peripheral tissues.**
  - **Transport of CO<sub>2</sub> & Protons (H<sup>+</sup>) from peripheral tissues to respiratory organ for subsequent disposal.**
- **Hb acts as an important blood pH buffer.**

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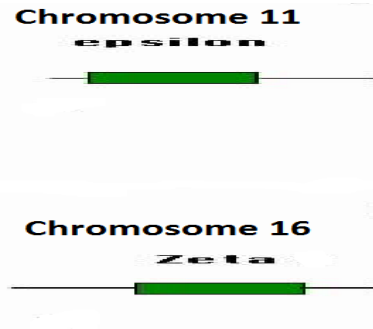
### GLOBIN CHAINS

- The genes for the synthesis of globin are present on chromosome 11 and chromosome 16.
- This determines the different variants of haemoglobin present at different ages.

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### EMBRYONIC LIFE

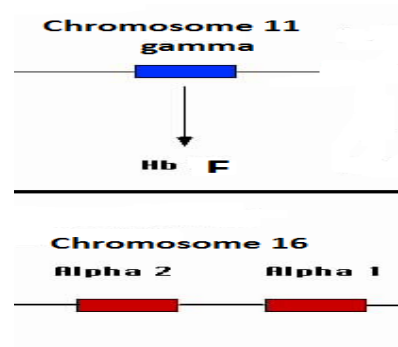
- Embryonic Haemoglobin is referred to as Gower's Haemoglobin.
- Embryonic Haemoglobin (2 Epsilon and 2 Zeta chains)



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### FETAL HEMOGLOBIN

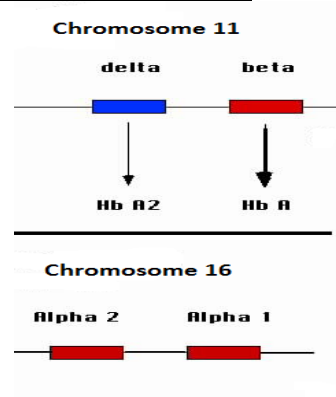
- HbF
- Fetal Haemoglobin (2 Alpha and 2 Gamma chains)
- Hemoglobin F ( $\alpha_2\gamma_2$ )



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## ADULT HEMOGLOBIN

- Hemoglobin A and Hemoglobin A2
- Hemoglobin A (2 Alpha and 2 beta chains) and Hemoglobin A2 (2 alpha and 2 delta chains)



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## ADULT HEMOGLOBIN

- **In adults(Adult Hb):**
  - Hemoglobin A ( $\alpha_2\beta_2$ ) - normal amount over 95%
  - Hemoglobin A2 ( $\alpha_2\delta_2$ ) - normal range of 1.5-3.5%
  - Hemoglobin F ( $\alpha_2\gamma_2$ ) – normal range < 1%

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## HEMOGLOBINOPATHIES

- An inherited mutation of the globin genes leading to a qualitative or quantitative abnormality of globin synthesis
- Classified as
  - Quantitative
  - Qualitative

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- **Structural abnormalities (Qualitative abnormalities)**
  - Sickle cell haemoglobin.
  - HbC disease.
- **Insufficient synthesis (Quantitative abnormalities)**
  - Thalassemia

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**SICKLE CELL DISEASE**

- **Basic abnormality is in beta chain.**
- **Due to a point mutation in the  $\beta$ -globin gene there is a variation in the  $\beta$ -chain gene (Chromosome 11).**
- **The form of hemoglobin in persons with sickle cell anemia is referred to as HbS.**

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**SICKLE CELL DISEASE**

Chromosome 11	DNA	mRNA	Amino acid
Hb <sup>A</sup> normal	CTG	GAG	Glutamic acid
Hb <sup>S</sup> sickle	CAC	GUG	Valine

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## **SICKLE CELL DISEASE AND SICKLE CELL TRAIT**

- **Sickle Cell Trait- Heterozygous (HbAS)**
- **Sickle Cell Disease- Homozygous (HBSS)**

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**THE UNDERLYING PROBLEM IN SICKLE CELL ANEMIA IS THAT THE CHANGE RESULTS IN HB TETRAMERS THAT AGGREGATE INTO ARRAYS UPON DEOXYGENATION IN THE TISSUES**

**This aggregation leads to deformation of the red blood cell making it relatively inflexible and unable to traverse the capillary beds.**

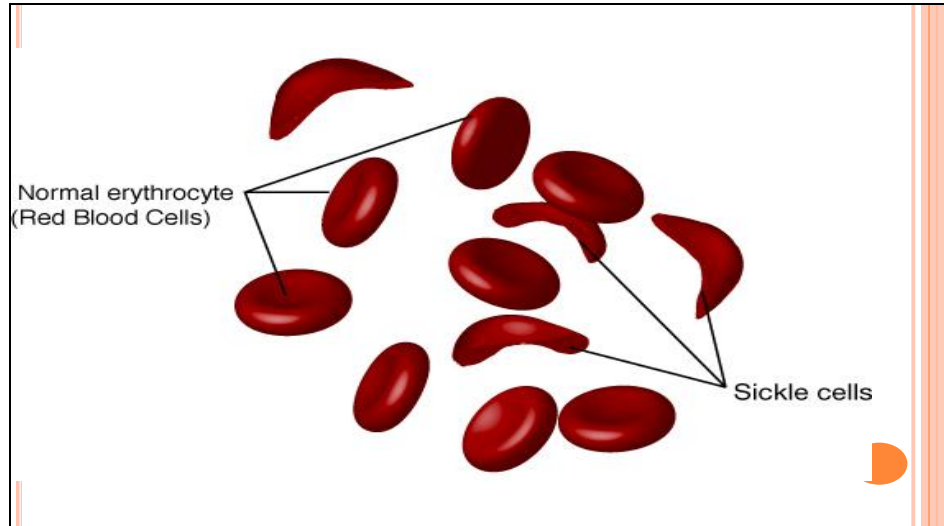
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## **FACTORS THAT FAVOR DEOXY HEMOGLOBIN**

- **Decreased partial pressure of Oxygen (High Altitude)**
- **Decreased pH (when H<sup>+</sup> ions bind with Hb, it results in release of oxygen)**
- **Increased partial pressure of carbon dioxide (exercise)**
- **Increased 2,3 Bisphosphoglycerate**



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### **CLINICAL FINDINGS IN SICKLE CELL DISEASE**

#### **CHRONIC ANEMIA AND HYPERBILIRUBINEMIA**

- **The continual destruction of the sickled red blood cells leads to:**
  - **Chronic anemia (Sickle Cell Anemia) 20 days**
  - **Episodes of hyperbilirubinemia.**

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### **CLINICAL FINDINGS IN SICKLE CELL DISEASE**

#### **SEVERE BONE PAIN**

- **Because bones are particularly affected by the reduced blood flow, frequent and severe bone pain results.**
- **This is the typical symptom during a sickle cell "crisis".**

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## **CLINICAL FINDINGS IN SICKLE CELL DISEASE**

### **DAMAGE TO THE INTERNAL ORGANS (PAIN ATTACKS)**

**Long term the recurrent clogging of the capillary beds leads to damage to the internal organs, in particular the kidneys, heart and lungs**



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## **DIAGNOSIS**

- **Hemoglobin Electrophoresis**

### **LIFE SAVING TREATMENT**

- **Exchange Transfusion**



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## **TREATMENT**

- **Hydration**
- **Analgesics**
- **Antibiotics**
- **Blood transfusions**
- **Hydroxyurea (leads to increased production of gamma globin chain leading to less sickling)**



## **HEMOGLOBIN C**

- **In hemoglobin C, mutation at the same point results in replacement of glutamic acid by lysine.**
- **It is not symptomatic mostly.**

