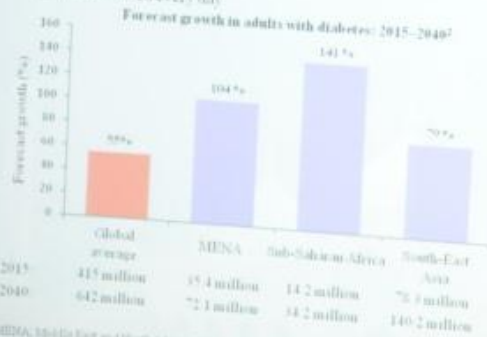






## The prevalence of diabetes in the Muslim population is rising and a significant proportion fast during Ramadan

- Recent estimates suggest 148 million Muslims are living with diabetes globally
- Of the patients with T2DM enrolled on the 2010 REED study:
  - 94.2% fasted for  $\geq 15$  days
  - 63.6% fasted every day



Over the next 25 years, the increase in the number of adults with diabetes in Muslim-majority regions is expected to be in excess of the global average<sup>1</sup>

MENA, Middle East and North Africa; T2DM, type 2 diabetes

<sup>1</sup> Khawaja M, Younis G, Ezz E, et al. (2013) JGP (Gulf Journal of Primary Health Care) 25(1): 2013

Jinnah Sindh Medical University







# استقبال رمضان

يا أَيُّهَا الَّذِينَ آمَنُوا كُتِبَ عَلَيْكُمُ الصِّيَامُ  
كُتِبَ عَلَى الَّذِينَ آمَنُوا مِنَ الْكُفْرِ أَنْ يُشْرِكُوا

“اے ایمان والو! تم پر بھی روزے اسی طرح فرض کئے گئے  
جیسا کہ تم سے انہی امتوں پر فرض کئے گئے تھے تاکہ تم  
تقویٰ حاصل کر سکو۔“ (البقرہ: 183)



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