



Gender and Health

**A two credit hours course, from Feb 04 to May 19, 2016
two hour class on every Thursday from 05 pm to 07 pm. at
APPNA Institute of Public Health
Jinnah Sindh Medical University**

Introduction: This course is designed to familiarize students with concept of gender, gender related terminologies with specific reference to health, health promotion and health education. The course will facilitate the participants to understand different health needs of women and men due to biological difference, division of labour and different status in society and apply a social determinants framework to the analysis of health. For example men face different hazards at the workplace and in society at large, whereas women face a range of health needs arising out of their subordinate position in society such as workload, domestic violence, and the impact of poor self-esteem on their mental health.

Course will enable students to recognize, how gender inequalities cause ill health and affect health-seeking behavior and utilization of services. It will also help them put theory into practice and address the health issues through gender mainstreaming policy and planning.

Specific Learning Outcomes: The specific learning outcomes of the course are to:

- understand the impact of gender relations on health and within the current socio-economic context, health seeking behavior and health services utilization
- conduct a gender analysis of the causes and consequences of a health problem
- address the health issues through gender sensitive health policies and plans.
- identify the need for effective planning and policy

Learning Objectives: At the end of the course students would be able to:

- Identify how gender norms, and men and women's differential access to and control over resources impact directly on their vulnerability and ability to address health problems
- Identify the different ways in which society responds to the same health problem when it is a man or a woman who has the health problem
- describe the concept of health and its determinants on women and men.
- conduct a gender specific health analysis of an institution / project / program
- analyze gender health issues through health policies
- learn theoretical and analytical frame work from gender perspectives
- develop practical actions to promote gender equality in health sector with specific reference to Pakistan

Target audience: Health care provider, Health care Mangers and all other Professional working in Health Sector

Learning Methods: Simulation, Interactive Lectures, Group discussion, Group Assignment, exercises / activities and presentation.

Registration Fee: Rs. 500 **Course Fee:** Rs 20,000 **Contact Details:** AIPH-JSMU, opposite NICVD
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